Dear [MP / Cllr name],

I am getting in touch from [housing association] to invite you to a [visit/meeting] with us to see how we are helping people to live healthy and independent lives in [constituency].

Supported housing has always played a crucial role in keeping residents safe, but never more so than during the pandemic. It is a vital part of the country’s health, care and support systems.

By providing supported and extra-care housing, housing associations are boosting wellbeing and helping residents to continue living in their own homes, reducing pressure on the NHS. I would be delighted if you were able to come and see firsthand the work that we do in your constituency.

[Describe the supported housing services you offer and who uses these services. Include relevant data if you have this – e.g. number of people you help, brief figures on outcomes for those you support]

Housing associations across the country offer supported housing like ours to some of the most vulnerable in our society, including older and disabled people, survivors of domestic abuse and those who have experienced homelessness. Providers are committed to building and managing high quality homes, while those with specific physical and mental health needs benefit from adapted homes and services which enable them to live independent, healthy lives.

Not only does this benefit residents, it has an impact on wider health services too. Living in inappropriate, unaffordable or insecure accommodation can pose serious mental and physical health challenges. In 2021, [BRE Group calculated that inadequate housing was costing the NHS at least £1.4bn per year](https://bregroup.com/press-releases/bre-report-finds-poor-housing-is-costing-nhs-1-4bn-a-year/), a figure only likely to have increased as the effects of the housing crisis have deepened.

Quality sheltered and extra-care housing also reduces hospital stays by supporting independence for vulnerable older people, preventing hospital admissions and ensuring timely discharge. Specialist housing for older people produces an annual saving to the taxpayer of around £3,000 per person through reduced reliance on health and social care services.

We would welcome the opportunity to discuss how housing associations ensure everyone has a high quality home in which to live in our local area. In addition, we would welcome the opportunity to discuss the role that supported housing plays in relieving pressure on the NHS and enabling residents to thrive.

I would be very happy to arrange a [visit/meeting] with you to show you our [scheme], should your diary permit. It would also be an opportunity for you to meet some of our residents and staff, and to find out about the work we do in [constituency name].

[Include contact details or info about the proposed visit/meeting here.]

Best wishes,